

**Soul Care**  
**Part 7: Too Busy to be Blessed**  
**Luke 10:38-42**

**The Busy Trap**

**Basics of Luke**

- 1 of the 4 credible written eye witness testimonies of the birth, life, death and resurrection of Jesus Christ
- Author: Luke, a Gentile Physician & Historian—companion of the Apostle Paul on his 2<sup>nd</sup> missionary journey--also wrote ACTS
- Theme: Jesus Christ's Messiahship, Mission, and Salvation
- Purpose: To write a reliable & accurate historical account—he interviewed many eye witnesses
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**Luke 10:25-42-- CONTEXT**

- Luke 10: 25-29: The Great Commandment
- Luke 10:30-37: The Parable of the Good Samaritan—an illustration of 2<sup>nd</sup> part of the Great Commandment
- Luke 10:38-42: Jesus' visit to the home of Martha, Lazarus and Mary—an illustration of the 1<sup>st</sup> part of the Great Commandment

**Luke 10:38-42**

<sup>38</sup> As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him.

They....he: Jesus and/or the twelve disciples

Village: Bethany

Martha was there to welcome her guest(s)

NOTE: women as disciples given opportunity to listen and learn from Jesus

<sup>39</sup> She had a sister called Mary, who sat at the Lord's feet listening to what he said

Mary sat at the feet of Jesus who is identified as The LORD listening to the word (logos) of him.

Each time Mary is mentioned she is at the feet of Jesus (Luke 10:39, John 11:32, John 12:3--a posture of one eager to learn)

<sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

distracted: preoccupied, busy

preparations: “much serving”—focused on getting a meal ready

She came to him and asked: Martha expected Jesus to agree and intervene

<sup>41</sup> “Martha, Martha,” the Lord answered, “you are worried and upset about many things,

Martha, Martha: love & concern by Jesus

Worried: anxious, unduly concerned—a worldly attitude due to unbelief which diverts attention away from God

Upset: disturbed, troubled

About many things: less important matters

<sup>42</sup> but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.”

Only one thing is needed (best option): the care of the soul/Soul Care

Mary chose the good part (best): being in the presence of Jesus and learning the Word of God

It will not be taken away: blessings of choosing the best—Jesus and His Word

### **Lessons (KIM:The Great Commandment)**

- 1. It’s most important to spend time with Jesus and listen to God’s Word than to be busy with other matters; even though they may be good. --The Good is often The Enemy of The Best--**
- 2. What feeds the Soul is more important than what feeds the body**
- 3. Mary had the right priority**

## **Life Application**

### **Setting the RIGHT Priorities**

- **Pray for a change of heart and mind**
- **The 1 year rule**
- **Eternal versus Temporal**
- **Schedule quality & quantity time with God every day**  
**prayer—bible study—meditation—listening**

## **B.U.S.Y.**

### **Being Under Satan's Yoke**

## **Too Busy to be Blessed**