

Sermon Notes
A Psalm a Day Keeps the devil Away
Psalm 1

Spiritual Examination Form

Name: _____ Date: _____
Insurance: _____ Physician: Jesus Christ
Social Salvation Number: _____

Part 1: Personal Spiritual Condition Assessment

please mark an X next to the statements that are true for you

_____ **1. I regularly experience inner _____ & _____**

v. 1a--BLESSED: "Oh the Joys many times over" sacred delight, peace & contentment in full measure---A GIFT FROM GOD-----Fruit of The Spirit---

_____ **2. I sometimes listen to & accept the opinions, _____ & _____ of the world**

v.1b ..Walk in the Counsel of the wicked

WALK: casual movement—tuning in to---a listening ear

COUNSEL: plans & direction

WICKED: ungodly people

_____ **3. My lifestyle and habits have become more like the world than those of a biblical _____**

v.1c..stand in the way of sinners

STAND: taking one's stand, participation in

WAY: certain path or way of life

SINNERS: ungodly people

_____ **4. I have settled down in an _____ lifestyle**

v.1d..sit in the seat of mockers

SIT: abiding in, settling down into, a lifestyle

SEAT: taking residence in, companionship w

MOCKERS: God haters, those who ridicule biblical truth

___ 5. I look forward to and delight in spending time with _____ and His Word, the bible

v.2a but whose delight is in the law of the Lord (the blessed person)

DELIGHT: enthusiastic joyful satisfaction, great pleasure in

Law of the LORD (Torah): God's Word, the Bible (LORD = Yahweh)

___ 6. God's Word has become an _____ & integral part of my daily life.

v.2b.. and who meditates on his law day and night.

MEDITATES: reads, studies, contemplates, dwells on, thinks about God's Word

DAY & NIGHT: a priority in everyday life—constantly on his mind

Part 2: Diagnosis

If you marked 1, 5 & 6 then

V.3 & 6a That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.... For the Lord watches over the way of the righteous

If you marked 2,3 & 4 then

v. 4,5,6b ⁴ Not so the wicked! They are like chaff that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous..... the way of the wicked leads to destruction.

Jeremiah 17:5-8

⁵ This is what the Lord says: "Cursed is the one who trusts in man, who draws strength from mere flesh and whose heart turns away from the Lord.

⁶ That person will be like a bush in the wastelands; they will not see prosperity when it comes. They will dwell in the parched places of the desert, in a salt land where no one lives.

⁷ "But blessed is the one who trusts in the Lord, whose confidence is in him.

⁸ They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green.

It has no worries in a year of drought and never fails to bear fruit."

-----The New Covenant of GRACE—The Bridge to Jesus-----

Part 3: The Remedy

1. A strong dose of The Truth: Confession—Repentance—Faith
(John 14:6, 1 John 1:5-10, Romans 10:9-13)
2. An everyday spoonful of surrender (John 15:4-6)
3. A shot of the Holy Spirit (Ephesians 5:18)
4. A healthy diet of God's Word (Psalm 119: 9, 11; 97; James 1:22)

Take Your Medicine!

SUMMER CHALLENGE:

Read, Meditate and Study a PSALM A DAY

Psalms 30-110 (June 13-August 31)

Daily Devotions on Facebook & email

THIS WEEK (Monday-Saturday) Psalms 30-35

FORMAT

1. Read Psalm through twice—once silently second time aloud
2. Study psalm & verses (study bible or other resources)
3. Meditate and ponder then write down your thoughts
4. Choose one verse(s) that speaks to you
5. Write out the verse(s) and think & pray about it (What is God saying to you? What difference will this make today?)
6. Memorize one verse (1 or 2 per week)
7. Think about the psalm throughout the day and recite the memory verse
8. Read Daily Devotions on fb or email